



## Welcome to South Lodge Guest House

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### **South Lodge uses softened water**

South Lodge has the latest water softener treatment installed to improve the quality of the water we provide to our guests and ourselves. Below are some of the benefits of softened water for the individual.

- Softened water has a clean silky feeling. It makes shower time a luxury without the need for bath oils or bubble bath liquids
- Softened water makes hair soft and easier to manage
- Softened water can help certain dry skin conditions such as eczema
- Softened water rinses completely away without leaving scum, even after shaving

Bottled water is provided in all bedrooms, and unsoftened water is available for use in the kettles for anyone who would prefer it.

Please note there are two specific areas, where the use of softened water is inadvisable:

1. In the preparation of powdered milk for feeds for infants, as softened water could affect its fine nutritional balance.
2. For anyone on a medically-prescribed low-sodium diet.